

AYURVEDA ASSISTANT (665)

The institute/ clinic which are having the following infrastructure may apply for an accreditation to conduct the course under the NIOS.

A. Classroom :

- Class room – A minimum area of 225 sq ft room for conducting theory and practical classes. Should have an Audio-Visual facility, black /white board, sitting arrangement with adequate lighting and ventilation.
- For Yoga course conduction, a hall of 35x 40 ft along with male and female toilet facility. A terrace of same measurement may also be considered.

B. Library :

Library should have minimum 20 books related to Ayurveda and yoga subjects, CD/DVD's of Ayurveda, yoga & naturopathy.

The following books are suggested

Panchakarma, Charak Samhita, Sushrut Samhita, Dravyaguna, Bhaishajya kalpana, Svasthavrittha. Patanjali Yoga Sutra, Hatha Yoga Pradipika, Gherand Samhita, Pranayam, Meditation

C. Faculty and supporting staff :

S.No	Faculty and supporting staff	Educational / Professional qualification	Number
1	Co-ordinator	Graduate	1
2	Instructor		
	a) Ayurveda	a) B.A.M.S	1
	b) Yoga	b) Should have a course completed in Yoga with one year minimum duration from a recognised institute	1

3	Technical Assistant a) Ayurveda	a) Certificate/ Diploma in Ayurvedic therapy/Pancha- karma or Working experience of minimum 2 years in Ayurvedic Therapy /Panchakarma	1
	b) Yoga	b) Practical knowledge of Yoga demonstration of minimum two years duration	1
4	Receptionist Cum Clerk	Relevant to the job	1

D. Equipment :

The relevant equipment to conduct panchakarma and yoga practicals shall be provided by the centre.

Kharal, Dhroni (panchakarma table), Shrirodhara patra with stand, Matra vasti syringe, various Vasti yantra, Nadi sveda yantra, steam chamber, Yoga mat, Jala Neti pots, Sutra Neti, Instrument for Tratak.

E. Physical Facilities :

The institution should have the facilities for Drinking water, bathrooms & toilets.

F. Library :

Library should have utility books/articles/magazines in related subject.

G. Batch size- Maximum 25 students in one batch. An institution can run Maximum 4 batches for this course.