

**National Institute of Open Schooling**  
**Secondary Course: Psychology**  
**Lesson 8: Motivation and Emotion**  
**Worksheet-8**

1. Define Motivation. Discuss the characteristics of motivation.
2. What are the types of motivation? Explain with the help of example.
3. Explain Maslow's Hierarchy of Needs with the help of a diagram.
4. What are Primary needs? Explain the concept of homeostasis in context with primary needs.
5. Explain the influence of Culture and Environment on Primary needs.
6. What are Secondary needs? Discuss some common social motives.
7. Discuss with examples Emotions. Explain the functions of emotions.
8. Discuss the components of emotions.
9. Discuss the role of Culture on our expression of emotions.
10. Discuss the role of Emotion and Motivation in Human Behaviour.

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