

National Institute of Open Schooling
Senior Secondary
Lesson 17 – Self and Psychological Processes
Worksheet-17

1. The distinction between self and other starts early in Infancy. Elucidate upon the process of the development of self through different stages of life.
2. “Self undergoes transformation and many elements are included and excluded in one’s self structure”. Discuss the given statement.
3. Amaad realized that he has become quite a heavy smoker. But he wants to leave this habit. How can you help Amaad? Explain.
4. Design a Self-Instructional Training (SIT) for any one skill that you want to enhance.
5. Morality is a major pillar of our development as a human being. Explain the development of morality through different stages.
6. Using examples from daily life explain the Kohlberg’s stages of morality development.
7. Carol Gilligan has commented upon the role of family in the nurturing of male and female children. Write Gilligan’s propositions and what is your opinion of these propositions? Explain your answer.
8. In the second year of life, children develop an egocentric approach. Explain the egocentric approach and the next stages that follow it.
9. Prepare a list of anti-social behavior and suggest ways to change these behaviors.