

National Institute of Open Schooling
Senior Secondary Course : Home Science
Lesson 19 : Growth and Development (6-11yrs)
Worksheet -19

1. In your neighbourhood many of the girls who were shorter than the boys till they were about 9-10 years of age suddenly became taller than the boys. Find out the reason behind this characteristic.
2. Do you know how many teeth did you have when you were born? Find out the number of teeth a child should have at 3 years of age and in middle childhood.
3. Your eight-year-old brother has a high activity level. Identify two possible reasons for the same.
4. How will you pick up a pencil lying on a table? Find out how a one year old, a 3 year old and an 11 years old child will pick it up?
5. At what age did you start your studies, in class I in school? Tell the reason why your parents did not start your formal education before a certain age.
6. Children in the age group of 6-11 years learn maximum number of different activities? Do you agree? Identify the reason for the same.
7. Your brother has recently understood the concept that words with the same pronunciation can have different spellings and thus different meaning. Find out the age at which this characteristic of language development takes place.
8. Were you ever scared in middle childhood, to spend a night away from your mother? Did you discuss this problem with your friends? How does a peer group help a child? Write four ways. .
9. When you were in class 5, did any of your teachers ever encourage you to do well? If yes, then how did this support help you to develop socially and emotionally?
10. 'Cognitive development refers to the way a child thinks, reasons and solves problems'. Has there been a change in your cognitive development from the age of 11 years to now? Give two examples of the same.