

**National Institute of Open Schooling**  
**Senior Secondary: Early Childhood Care and Education**  
**Lesson 3: Needs and Rights of Children**  
**Worksheet-3**

1. You have experienced that during the process of growth and development, children have certain needs which need to be timely fulfilled. Keeping in view your own observations, list the different needs of children. Also comment how 'needs' are different from 'wants'.
2. Continue to Q1. Observe a family in your surroundings and write a report on your observation that how that family is fulfilling the psychological needs of their children?
3. Discuss how your family is ensuring the health and nutritional needs, including supplementary nutrition of your family members especially that of children.
4. Interact with your friends about their needs regarding play, early stimulation and learning and make a report and compare that with your own needs about play, early stimulation and learning.
5. What do you understand by the term Children's Rights? Is there any inter-relationship between children's needs and children's rights? Support your answer with suitable examples.
6. On 20 November 1989, the United Nations (UN) General Assembly adopted the Convention on the Rights of the Child or United Nations Convention on the Rights of the Child (UNCRC). Discuss core rights of the child as per UNCRC?
7. A number of policies and plans are formulated for the welfare and development of children to ensure children's rights. Discuss with your friends and other children about children's rights, policies and plans and write a report whether children are aware of their rights, policies and plans or not.
8. Continue to Q7. Discuss at least three initiatives taken by the government of India in the form of Acts and plans to achieve children's rights.
9. Search on the Web and list at least ten Non-Government Organizations (NGOs) who are working for the rights of Children in different domains. Write a report, on objectives and working of any NGO that you are aware of.
10. Discuss briefly the impact of unmet needs of children on children's health and development .Give suitable examples.