

National Institute of Open Schooling
Senior Secondary
Lesson 10 - Care of Children in Early Years
Worksheet-10

- Q1.** The first three years are often called the foundation years as incredible growth takes place in all domains of development. Discuss the key principles of care giving in early years.
- Q2.** Keeping the principles of childcare in mind, it is important to understand the care practices in relation to domains of development. List some basic ways to ensure growth, survival and development of children in early years.
- Q3.** All children need love and care to grow. Do you think that supportive environment and responsive care can help children to grow as better citizens? Justify your answer with suitable examples.
- Q4.** Anxiety and stress in early years can impact later learning of children. Observe your surroundings and enlist the sources of anxiety and stress. Discuss various ways to reduce sources of stress in early years?
- Q5.** Today it is witnessed that there is a great need to boost our immunity. Explain the need and role of nutritious food in early years for maintaining immunity. Enlist at least ten types of food with their nutrients which can boost our immunity.
- Q6.** Define Immunization. Do you think that vaccines are important for life saving? Justify your answer with suitable examples. Prepare a chart showing vaccination schedule for children up to 5 years of age. Also prepare a plan to spread awareness about vaccination in the society.
- Q7.** Observe your surroundings and enlist the sources which are creating unhygienic and polluted environment. Write a plan for reducing these sources and creating a healthy, clean and hygienic environment.
- Q8.** We all use our senses to observe and understand our surroundings. Children also do the same. Explain with examples that how children use their senses for development?
- Q9.** The quality of childcare in early years has a direct impact on children's ability to learn, to build healthy relationships, and to become the best they can be. Discuss some essential components that you want to focus on for quality care and education for children in early years.
- Q10.** Discuss various types of care settings with suitable examples. Also discuss the role of caregivers as individuals and how to initiate collaboration between them.