

National Institute of Open Schooling
Secondary Course – Home Science
Lesson 1: What is Home Science
Worksheet-1

1. Write four things, you think should be taught in Home Science.
2. Do you agree or disagree with the following statements? Give reasons for your answer.
 - i. Girls do not need to go to school.
 - ii. It is necessary to bathe daily.
 - iii. Anyone can cook for the family.
 - iv. Every school must have a separate girls' toilet.
 - v. Women can run successful online business from home.
3. Identify two opportunities each for wage and self-employment in the following areas-
 - i. Painting
 - ii. Embroidery
 - iii. Baking
 - iv. Housekeeping
 - v. Dress designing
4. If you think Home Science is a useful subject, write two ways in which you shall benefit from studying it.
5. Find out two colleges in your state where you can study Home Science at graduation level.
6. Find out what are Life Skills. Then identify four Life Skills you have learnt through Home Science.
7. Do you think men and women should have specific roles in the family? Why?
8. What would you prefer- to be a wage earner or to be able to generate employment? Justify your answer.
9. Your friend has chosen Home Science as a subject because it can be easily passed without really studying hard. Do you agree or disagree? Give reasons.
10. 'Home making skills can be learnt by staying at home' or do you think it needs to be studied as a subject?