

L.No.	Title of The Lesson	Skill	Activity
6	Brief Study of Music in Veda with Special Reference to Sama Veda	Appreciation ability, Creative thinking, Critical thinking, Problem Solving	Visiting the library and music studio to study and understand about the Music in Veda.

Meaning

According to 'Upanishad', 'Sama' has been derived from 'Sa' + 'amah'. 'Sa' denotes richa and 'amah' demotes Alap, i.e., singing of richas along with Alap. Therefore the singing of Vedic Mantras with melody and rhythm is called Sama Gana. During the Vedic period, music was the medium for prayer in religious ceremonies as well as entertainment and social occasions.

The Origin of Music, Sama Veda	Svaras Used in Sama Gana	Instruments Used (Vedic Period)	
Sama Veda has been called the origin of Indian music and has been considered as foremost among the four Vedas.	In the beginning, only three Svaras were used for Sama Gana, viz – Udatta, Anudatta and Svarita. Udatta denoted high, Anudatta low and Svarita was medium, in which there was a combination of high and low.	Four types of instruments have been mentioned during Vedic period – (1) Stringed instruments (2) Wind instruments (3) Leather instruments (4) Metallic instruments. These four types of instruments were later called Tata, Sushir, Avanadya and Ghana instruments.	
Do You Know	Let's Do	Extend Your Horizon	Maximize Your Marks
<ul style="list-style-type: none"> In the Vedic period, Laukik and classical, both forms of music have been mentioned During the Vedic period, music had a respectful place in society. Indian culture of the Vedic era consisted of four Vedas – Rig Veda, Yajur Veda, Sama Veda and 	<ul style="list-style-type: none"> Visit the library or music centers and collect some references about Vedic music. Try to recite the composition of Vedic svaras in your own. 	<ul style="list-style-type: none"> Try to write yourself the similarities and differences of Laukik svaras and classical svaras. Visit the library and read the original notes used in the Vedic period. 	<ul style="list-style-type: none"> Try to read and write the definition and explanation of sama gana.